# SESSION 2: WHERE DOES OUR FOOD COME FROM?

**Age range:** 7-11 years

**Outline**
Learners will develop their enquiry skills by asking and categorising questions about photographs associated with food. They will investigate the contents of a supermarket bag and begin to make connections between themselves and where their food originates.

<table>
<thead>
<tr>
<th>Learning objectives</th>
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<tr>
<td>To ask and categorise relevant questions to extend knowledge and understanding of global food issues.</td>
<td>Learners will examine photographs to ask and categorise enquiry questions about food around the world.</td>
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<td>To understand that as consumers our food supply comes from around the world.</td>
<td>Learners will investigate the sources of food items in a shopping bag.</td>
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<td>To locate countries on a world map.</td>
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<td>To recognise connections between producers and consumers in different parts of the world.</td>
<td>Learners will ask and try to answer questions about where their food comes from.</td>
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**Key questions**
- What questions could we ask about this photograph?
- Where does our food come from?
- Why is so much of our food grown or produced overseas?
- Has our food always been “global”?

**Learning objectives**
- To ask and categorise relevant questions to extend knowledge and understanding of global food issues.
- To understand that as consumers our food supply comes from around the world.
- To locate countries on a world map.
- To recognise connections between producers and consumers in different parts of the world.

**Learning outcomes**
- Learners will examine photographs to ask and categorise enquiry questions about food around the world.
- Learners will investigate the sources of food items in a shopping bag.
- Learners will map countries on a world map.
- Learners will ask and try to answer questions about where their food comes from.

**Resources**
- Slideshow A (Sessions 1–3): Slides 7–19
- Supermarket bag with six to eight labelled food items
- Card, paper, string, scissors, drawing pins, pens
- Tablecloths or large pieces of material
- Atlases
- Activity sheets:
  1. The world in a supermarket bag
  2. Mapping a supermarket bag

## Curriculum links

### England
**KS2 English**
- Pupils should be taught to:
- Spoken language
  - Ask relevant questions to extend their understanding and knowledge.
  - Maintain attention and participate actively in collaborative conversations, staying on topic and initiating and responding to comments.

### Wales
**KS2 English**
- Spoken language
  - Respond orally to continuous and non-continuous texts and a variety of stimuli and ideas.
  - Speak and listen individually, in pairs, in groups and as members of a class.
- **Learners will be able to:**
  - Contribute to group discussion showing agreement and disagreement giving reasons.
  - Express opinions clearly with supporting reasons.

### Scotland
**Literacy**
- I can show my understanding of what I listen to or watch by responding to literal, inferential, evaluative and other types of questions, and by asking different kinds of questions of my own.

**Social studies**
- Through exploring ethical trading, I can understand how people’s basic needs are the same around the world, discussing why some societies are more able to meet these needs than others.

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<tr>
<th>KS2 Geography</th>
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<th>Health and wellbeing</th>
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<tbody>
<tr>
<td><strong>Locational knowledge</strong></td>
<td><strong>Skills</strong></td>
<td><strong>When preparing and cooking a variety of foods, I am becoming aware of the journeys which foods make from source to consumer, their seasonality, their local availability and their sustainability.</strong></td>
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<tr>
<td>Locate the world’s countries, using maps to focus on Europe (including the location of Russia) and North and South America, concentrating on their environmental regions, key physical and human characteristics, countries, and major cities.</td>
<td>Identify and locate places and environments using globes, atlases, and maps, e.g. use co-ordinates and four-figure references.</td>
<td><strong>Range</strong></td>
</tr>
<tr>
<td><strong>Human and physical geography</strong></td>
<td><strong>Pupils develop their geographical skills, knowledge and understanding through learning about places, environments and issues.</strong></td>
<td><strong>Living in my world: caring for places and environments and the importance of being a global citizen.</strong></td>
</tr>
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<td>Describe and understand key aspects of human geography, including: types of settlement and land use, economic activity including trade links, and the distribution of natural resources including energy, food, minerals and water.</td>
<td><strong>Observe and ask questions about a place, environment or a geographical issue, e.g. Why does it flood? How and why is our village changing?</strong></td>
<td><strong>Investigating</strong></td>
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<tr>
<td><strong>KS2 Design and technology</strong></td>
<td><strong>Cooking and nutrition</strong></td>
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<td><strong>Understanding seasonality, and know where and how a variety of ingredients are grown, reared, caught and processed.</strong></td>
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**KS2 Geography Skills**
- Identify and locate places and environments using globes, atlases, and maps, e.g. use co-ordinates and four-figure references.
- Pupils develop their geographical skills, knowledge and understanding through learning about places, environments and issues.
- Living in my world: caring for places and environments and the importance of being a global citizen.
- Observe and ask questions about a place, environment or a geographical issue, e.g. Why does it flood? How and why is our village changing?

**Health and wellbeing**
- When preparing and cooking a variety of foods, I am becoming aware of the journeys which foods make from source to consumer, their seasonality, their local availability and their sustainability.

HWB 1-35a / HWB 2-35a
Activity 2.1 (30 min)

Food around the world

- The aim of this activity is to motivate learners to find out more about the topic of food. This activity also highlights learners' existing knowledge, assumptions and attitudes, providing a useful basis for further planning. Learners are also encouraged to think about the structure and importance of the questions they ask rather than just focusing on the "answers".

- Print out the photographs on slides 8 to 15 of Slideshow A. Alternatively, you may prefer to select some of your own images from other sources such as magazines and newspapers. Stick each photograph in the middle of a large sheet of paper.

- Divide learners into groups of four and give one photograph and sheet of paper to each group.

- Ask learners to look closely at their photograph and write on the surrounding paper all the questions that they would like to ask about it. Alternatively, learners could record their questions on sticky notes, using a separate sticky note for each question. It may be helpful to provide possible question starters such as: *Who*…? *When*…? *What*…? *Why*…? *Where*…? and *How*…? as shown on slide 16.

- Once learners have recorded a selection of questions, ask them to categorise these questions into:
  - Those which can be easily answered.
  - Those which require further information from books or other sources.
  - Those which have no definite answer but will lead to a wider debate about the issues raised in the picture.

- Learners could either highlight the questions in different colours or group the sticky notes into the categories, as shown on slide 17.

- It is important for learners to understand that for many questions there are no clear-cut answers. Many answers are a matter of opinion, although they may sound factual. Learners could also decide whether their questions are open or closed. Open questions often lead to more questions and learners can pursue an enquiry to answer them, whereas closed questions tend to have a more definitive or shorter answer.

- This activity works best if demonstrated first to the whole class by the teacher, using one photo as an example with the prompts from slides 16 and 17.

- Allow time at the end of the activity for learners to circulate around the classroom to look at other groups' annotated photographs and to add more questions to previous suggestions.

Differentiation

- **Make it easier:** Include some possible question starters such as: *What are they*…? *Where do they*…?

- **Make it harder:** Ask learners to extend a question with another question such as: *Where do they live? Why do they live here? What is this place like?*
**Activity 2.2** *(45 min)*

*Unpacking the supermarket bag*

- This activity aims to demonstrate the global diversity of the origins of the food on our supermarket shelves. It will develop learners’ awareness that many of the poorer countries of the world are contributing towards feeding people in richer countries, such as the UK.

- You will need:
  - Card, paper, string, scissors, drawing pins, pens
  - A tablecloth or large piece of material for each group
  - Copies of *The world in a supermarket bag* (Activity sheet 1), one for each group
  - Enlarged copies of *Mapping a supermarket bag* (Activity sheet 2), one for each group, or a world map displayed on an interactive whiteboard in the classroom
  - An atlas would be helpful
  - Supermarket carrier bags for each group. Each bag should contain four to seven items of food including:
    - Pulses/grains
    - Tinned fish/fruit
    - Coffee/tea
    - A packaged/processed foodstuff
    - A bar of chocolate
  - Try to make the collection of food in each bag from as wide a variety of countries of origin as possible and include a range of healthy and less healthy food, as well as cheap and less cheap items. The selection could include common household items such as tea or coffee, as well as more unusual items. It is also a good idea to include at least one product with the Fairtrade logo to prompt discussion. Ensure that every item is labelled with its price. As many foods are now only labelled by barcodes you may have to label the items yourself. Also, make sure that learners are able to work out where the product comes from; using the label, country of origin tag, or your own labelling.
  - Organise learners into groups of four. Give each group a bag of food, a copy of *The world in a supermarket bag* (Activity sheet 1), pens, a large piece of material or tablecloth and some small blank cards to label the food for display. A copy of the table on Activity sheet 1 is provided on slide 18.
  - Ask each group to unpack their bag. For each food item, they should use the table in Activity sheet 1 to record its name, how it is packaged, the country it comes from, and the price.
  - Learners should also write labels to show the country of origin of each food item and display their items and labels on the cloth. Each group should then present their food items to the rest of the class.
  - Next, learners should locate on a world map the countries from which their food items originated. If available, learners could mark these countries on a class world map displayed on an interactive whiteboard. A world map is provided on slide 19.
• Alternatively, each group could be given an enlarged copy (A1 size) of *Mapping a supermarket bag* (Activity sheet 2) and learners could place their food items directly on to this world map. Another option is to provide A4 copies of the world map and ask learners to draw and locate their food items on it.

• Finally, bring the whole class together for reflection on the activity and to explore the range of countries from which the food in their bags has originated.

• Points for discussion could include:
  o *Where does our food come from?*
  o *Why is so much of our food grown or produced overseas?*
  o *Which food in the supermarket bags comes from which continents?* Learners may have rice from India, tinned fish from Indonesia, and fruit from Malaysia. Do learners know that these countries are all in Asia?
  o *Has our food always been global?*
  o *What is Fairtrade?* There is now a growing demand by consumers for fairly-traded products, including food products. More and more people want to know that the tea, coffee, honey or sugar they buy has been produced without exploitation, and that the farmers who grew or processed the product received a fair price for their work.

**Differentiation**

• *Make it easier:* Support learners by highlighting the country of origin of the food on its packaging.

• *Make it harder:* Learners could suggest reasons why much of the food we eat is grown overseas by using an atlas to look at topological maps such as climate, land use and transport links. Learners could also estimate the food miles of their food items using a website such as www.foodmiles.com.

**Further ideas**

• A variation of Activity 2.1 is for learners to think of questions that they would like to ask a person in the photograph. For example, to Nema on slide 10, who is cooking and serving food at the reception centre in the Imvepi refugee settlement in Uganda. *Who is in your family? Do your children go to school? What types of food does your family eat? Who prepares the food in your household? Do you have much free time, and how do you like to spend it?*

  o Learners could research answers to their questions and participate in a “hot seat” activity: answering questions from others from the perspective of the person in the photograph.

  o This activity idea could be developed further by asking learners to write a letter to the person in their photograph, asking them about their life. Learners could then research some of the answers to their questions and write possible responses from the person in the image.

• The food in the supermarket bags in *Activity 2.2* could subsequently be used in a harvest festival collection or for a grocery stall at a school fair.

• Ask learners to list the food that they had for breakfast or in their packed lunch box, or items on the school meals' menu. They could then map a meal on a world map.
• Arrange a visit to a local supermarket to explore where food items come from.
• Use Oxfam’s teaching resources to find out more about Fairtrade. Useful resources include:
  o **Go Bananas**
    Updated with new facts, photographs and stories, this resource supports learners to get to grips with Fairtrade and think critically about some of the challenges that banana farmers face.
    https://www.oxfam.org.uk/education/resources/go-bananas
  o **Explore Fairtrade**
    Explore the relationships between farmers, businesses and consumers. Discuss how food trade could be made fairer and who is responsible for taking action.
    www.oxfam.org.uk/education/resources/explore-fairtrade

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<th>Food</th>
<th>How is it packaged?</th>
<th>Where is it from? Name the country and continent.</th>
<th>How much does it cost?</th>
<th>Any other interesting features?</th>
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Mapping a supermarket bag

Map source: Geographical Association [www.geography.org.uk](http://www.geography.org.uk)